

How do you know your child is getting a healthy meal at school?

All meals provided in school have to be nutritionally assessed to ensure that over the weekly menu cycle, children get all the nutrients they need.

You could ensure that your child is receiving nutritionally balanced, healthy food at school FOR FREE, and save money* by applying for Free School Meals.

Do you receive:

- Income Support?
- Income based Job Seekers Allowance?
- Income related Employment and Support Allowance?
- Support under Part VI of the Immigration and Asylum Act 1999?
- Child Tax Credit, with no element of Working Tax Credit, and a household income below £16,190 (as assessed by HM Revenue and Customs)?
- Guarantee Element of State Pension Credit?
- Universal Credit?

You may still be eligible if you are in receipt of Working Tax Credit which is going to end due to having recently reduced your hours or having become unemployed (also known as a '4 week run-on').

Apply online now www.hullcc.gov.uk/freeschoolmeals or click [here](#)

Please note, all children in Reception, Years 1 and 2 will receive a healthy, nutritionally balanced school meal but the school does not receive the funding unless you apply. From Year 3 onwards, you must apply to ensure your child receives the meals and so your school receives the funding.

Once your application has been accepted, your child will continue to receive Free School Meals as long as you remain on the qualifying benefit. You do not need to reapply annually or if your child moves school within the Hull area.

*Saving based on average UK cost of providing a packed lunch each day (up to £400 per year). If you pay for school meals, you can save almost £100 in Primary schools and almost £255 in Secondary schools by applying for Free School Meals.